

What is Speech Therapy?



Speech and language therapy provides life-changing treatment, support and care for children and adults who have difficulties with communication, or with eating, drinking and swallowing.

Speech and language therapists are allied health professionals. They work closely with parents, care givers and other professionals, such as teachers, nurses, occupational therapists, physical therapists and doctors.

Speech Therapy is an extensive field that can benefit all ages, from birth to adult. Speech therapists address much more than just “talking,” they can address cognition (memory, orientation, sequencing, executive functioning, medication management, etc.), speech disorders (adult and children), voice disorders, and swallowing difficulties.

Common diagnoses/conditions that may be treated

- **Infants**
 - developmental delays
 - feeding/swallowing issues

- **Children**
 - cleft lip/palate
 - language delays
 - speech sound/articulation delays
 - stuttering/fluency issues
 - autism spectrum disorders
 - overall developmental delays

- **Adults**
 - traumatic brain injury
 - stroke
 - difficulties with swallowing
 - voice disorders
 - altered mental status post-surgery
 - overall cognitive decline

**Speak with your physician to see if speech therapy would be appropriate for you or your loved one.*

